



# Full Heavy Duty Power Cage 340PL with Lat & Row Attachment

SKU: 340PL

## **Product Images**







## **Short Description**

Your home, a safe and complete fitness cage and a body to work on. The perfect mix!

Tell us, how long have you been thinking about an investment like this to work your muscles from home?

A home gym is the dream of many athletes who have been going to the gym closest to their home for years and the

truth is that a cage like the Full Heavy Duty is the perfect choice.

Unlike the more basic power racks, the Heavy Duty has a high pulley and low pulley, as well as a fixed bar for suspension training and dominoes.

Add a weight bench and a long bar and you have a complete workout for all muscle groups.

### Description

#### Why you should buy the Titanium Strength 340PL Full Heavy Duty Power Cage?

Let's be honest: setting up a home gym costs money.

That's why you need to think about machines that fit your budget and allow for a full-body workout. That's why the Power Cage option is the most popular among home exercisers.

With the Heavy Duty you can do squats, lunges, shoulder and chest presses and train arms, back and legs with the built-in pulleys. It has it all!

#### Features:

- · Extra heavy duty steel tube construction
- · Re-inforced Bar hooks
- Two spotters qurantee safe exercises
- Easy adjustment of bar hooks and spotters
- · High quality metallic powder coating
- Multi Grip Chin up bar included, solid steel construction
- Optional Dip handles available

#### About Titanium Strength:

Leading brand in the sale of equipment and machines for strength and cardio training.

# **Additional Information**

Use	Home
Color	Black
Brand	Titanium Strength
Weight (lbs)	152.000000
Width cms.	118
Height cms.	218
Length cms.	57"
Max Load (kg)	363