



# Dip Handle 340D

SKU: 340D

## Product Images



## Short Description

The bottom accessory is an indispensable and safe tool since it is the user's weight that exerts the only workload, although you can also add ankle weights and give extra weight to your movements.

The Titanium Strength Dip Handle has a solid and resistant construction specially designed to support heavy weights and to train safely in suspension.

If you think that backstroke is a complete exercise, you're right. With this device, which is installed in your Titanium

Strenght rack( (Half Rack and Heavy Duty Power Cage) in an easy and safe way, you will be able to work different muscles: pectorals, triceps, deltoids and abdominals.

Your functional training is just a click away!

## Description

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### Why you should buy the Titanium Strength 340D Dip Handle ?

With the Titanium Strength Dip Handle for Home or Semi Pro use, you can not only perform traditional backdrops, but also include weighted descent exercises, inclined backdrops and suspended backdrops.

You will work a large number of muscles involved, such as pectorals, triceps, deltoids, abdominal muscles.

Moreover, this type of dips accessory is compatible with any level: beginner, intermediate or professional. Just attach it to your Titanium Strength machine and complete your bottom routine easily and safely.

To add complexity you can perform weighted bottoms by adding ankle weights or weights.

Are you ready for a complete and functional workout that will improve your fitness, strength and balance?

Buy your Dip Handle accessory, attach it to your Titanium Strength 340D Rack and get started tomorrow.

Technical Information:

The Dip Handle accessory is compatible with the following Titanium Strenght machines:

- Suitable for both 470 HR and 475 R
- 3 width available to fit all size exercisers
- Solid construction
- Easy to fit, Easy to use
- Multiple exercises, Dip, Push up and Lying rowing

About Titanium Strength:

Leading brand in the sale of equipment and machines for strength and cardio training.

## Additional Information

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Use	Home
Color	Black
Brand	Titanium Strength
Length cms.	0
Product Line	X line