



# **Squat Stand RS20**

SKU: RS20

## **Product Images**



### **Short Description**

Do you want to set up your gym at home and are you looking for a squat stand that doesn't take up much space and allows you to train safely?

The Titanium Strength Squat Stand it's your solution

This squat stand is specially designed for taking advantage of workout space. And all of this without sacrificing quality. The heavy construction and solid design provide extra stability for you to work safely.

Also, the safety spotter arms allows you to don't worry about your workout, something essential for anybody who train hard and alone.

Squats, shoulder press, lunges, deadlift, rowing.. The workout options are endless with the Titanium Strength Squat Stand.

Of course, you can combine the support with a fixed or adjustable bench, so you can also train exercises such as bench press and give more variety to your workouts.

Haven't you decided yet?

This Squat Stand will be the central piece of your home gym

#### Description

#### Why you should buy the Titanium Strength RS20 Squat Stand?

If you are a bench press or squat press lover, you know how important it's to be able to adjust the height of the bar according to your body characteristics and to assist you during practice. That's why both: the squat hold and the spotters arms on the Titanium Strength Squat Stand adjust to different heights and provide a complete and safe workout:

- The spotters arms can be adjusted to six different heights so you can train comfortably.
- The squat hold can be adjusted to a maximum of 156 cm. Therefore, they are suitable for athletes who squatting with a maximum height of 188 cm.

So, you only have to adjust it to the height you want and... get to train!

And it allows up to 617.2 lbs of maximum load!

Increase your strength, tone your body and improve your workout with this squat stand.

Technical information:

- Easy and quick adjustment of spotters and bar holders.
- · Dual joints for uprights and rear connection to ensure extra stability
- Bumper on Bar Catches and Spotters to protect bars.
- Compact Packing for efficient transportation
- · Heavy duty construction

#### Specification:

• Length: 98 cm

Width: 119 cmHeight: 104-169 cm

#### About Titanium Strength:

Leading brand in the sale of equipment and machines for strength and cardio training.

## **Additional Information**

Use	Home
Color	Black
Brand	Titanium Strength
Weight (lbs)	69.000000
Width cms.	47
Height cms.	41
Length cms.	16
Max Load (kg)	181