



B1 Commercial T-Bar- X Line

SKU: B1

Product Images



Short Description

If you have a Titanium Strength Rack, you have to incorporate the Professional X-Line T-Bar.

We can give you many reasons, but the main one is that this accessory is specially designed to perform T-rows, one of the best exercises to develop back muscles.

In the case of the Titanium Strength Professional T-Bar, we are talking about an accessory that has been specially designed to perform rowing exercises and with this work it's easier localized back muscles, the main ones being:

broad dorsal, major round and posterior deltoid.

You will also train arm flexors, rhomboids, trapezius and infraspinatus, but to a lesser extent than the previous ones.

In addition, with supine bar grip you can work on brachial biceps and upper trapezium.

Do you want to develop your back like a professional bodybuilder?

Buy the Titanium Strength T Bar row accessory and install it in your rack.

Description

Why you should buy the Titanium Strength Commercial T-Bar - X Line ?

If you already have a branded rack, the answer is clear. Working and developing the back muscles is fundamental for any professional lifter or bodybuilder.

But not just for them.

Fitness lovers and even people who have spine-related injuries need to strengthen their abdominal and back muscles to minimize risks when doing weight-bearing exercise. It is important that your back muscles are strong to protect the spine

With the exercises in T-Bar you will get a strong back and, if you also want to develop that V shape that we so much like the lovers of the fitness, you are just to one click to obtain it.

What are you waiting for to start training your back efficiently with your Titanium Strength brand professional T-Bar Row?

Technical information:

The X Line Bottom Attachment is compatible with the following Titanium Strength machines:

- [Titanium HD Half Rack](#)
- [Titanium HD Heavy Duty Power Rack](#)
- [Titanium Commercial Athletic Half Rack](#)
- [Titanium Athletic Combo Rack](#)
- [Titanium Athletic Power Rack](#)
- [Titanium Commercial Athletic Bridge Rack](#)
- [Titanium Commercial Heavy Athletic Bridge Rack](#)

About Titanium Strength:

Leading brand in the sale of equipment and machines for strength and cardio training.

Additional Information

Use	Professional
Color	Black
Brand	Titanium Strength
Product Line	X line