



# Multi Press Rack 360PR

SKU: 360PR

**Product Images** 









## **Short Description**

Do you want to set up your home gym and are looking for machines that doesn't take up much space but allows for a full strength workout?

If you're thinking of buying a sturdy rack, it's because you know the advantages of this type of fitness machine:

It is easy to use

- It gives you confidence when working out with free weight at home.
- Highly resistant, with great maximum load capacity.
- It has customised adjustments to personalise its use.
- Possibility of a great amount of exercises focused on training the whole upper body, which is further improved by incorporating a weight bench.
- It serves as a support for weights.

## Description

### Why you should buy the Titanium Strength 360PR Multi Press Rack?

Press routines for shoulders and chest, with inclined, straight or declined bench; squats, lunges, dead weights...the workouts possibilities are endless with the Multi Press Rack.

It allows up to 804 lb of maximum load!

It also has a 7-degree reverse incline that adapts to the body's natural lifting path.

Its initial lifting position and the safety system are strategically located to give you maximum safety during your workouts.

- Structure of resistant material: 11 gauge steel.
- Extra strong welds in 1.9" x 2.9" steel
- Includes 4 Olympic weight holders.
- 14 Gunrack positions.
- Ideal for domestic and commercial use.
- Includes large space (16,9" depth along)

Increase your strength, tone your muscles and improve your performance with this Multi Press Rack.

Are you ready for setting up your home gym?

Technical information:

• Sturdy and resistant structure made of 11-gauge steel.

About Titanium Strength:

Leading brand in the sale of equipment and machines for strength and cardio training.

#### Additional Information

| Use                | Semi Pro          |
|--------------------|-------------------|
| Color              | Black             |
| Brand              | Titanium Strength |
| Width cms.         | 164               |
| Weight (lbs)       | 130.000000        |
| Length cms.        | 42"               |
| Height cms.        | 188               |
| Max Load (kg)      | 363               |
| Disc diameter (mm) | 50mm              |