



SelectORIZED Dual Lat Pulldown and Seated Row

SKU: BS-S6

Product Images





Short Description

Maximize the functionality of your gym with our versatile **Titanium Strength Black Series Lat Pulldown and Seated Row** dual function machine. This station allows you to perform two key exercises: **lat pulldowns** on the **high pulley** and **rows** on the **low pulley**. Its design facilitates an effortless transition between the two exercises, simply by swapping out the thigh rollers for the footrests. With quick and efficient shifting, this machine gives you a seamless training experience. In addition, the thigh pads adjust easily for stability, while the raised footrests ensure a correct and stable position.

Description

Why should you buy the Titanium Strength Black Series Lat Pulldown and Seated Row?

The **Titanium Strength Black Series High Pulley and Seated Row** offers stability, safety and comfort in every training session. On one hand, its integrated footrest fixes the user's posture, providing greater stability while you do the rowing exercise. On the other hand, its 6-position adjustable foam roller prevents unwanted movements, keeping the user fixed and stable during training. This allows you to find the most comfortable and safe position to perform pull exercises, improving technique and maximizing the benefits of training.

Additionally, the pulleys on this machine provide a smooth, fluid motion. This allows you to perform exercises continuously and without interruptions, maintaining adequate muscle tension.

MAIN FEATURES

- Adjustable starting position to accommodate users of all sizes and provide stability and comfort.

- Its biomechanics have been designed to work the latissimus dorsi, deltoids, trapezius and biceps to the maximum and achieve optimal results.
- The 6-position thigh pad and extended seat allow this machine to accommodate a wide range of users.
- Long pull bar for a wide or narrow grip.
- Sleek black upholstery and frame fit into any gym setting.
- Dual-function design offers more functionality in less space.

SPECIFICATIONS

- **Use:** Commercial
- **Included Accessories:**
 - 1 Triangular handle
 - 1 Long Lat Pulldown bar
- **Weight Stack:** 220 lb
- **Cable Ratio:** 2:1
- **Settings:** 6 thigh pad positions
- **Dimensions:** 80 in x 47 in x 85,85 in
- **Weight:** 445 lb

About Titanium Strength:

Leading brand in the sale of equipment and machines for strength and cardio training.

Additional Information

Use	Professional
Color	Black
Brand	Titanium Strength
Weight (lbs)	202.000000
Width cms.	120
Height cms.	218
Length cms.	203
Body Part	Back
Total weight stack	100
Product Line	Black Series
Cable Ratio	1:1